

Hiking and Fishing List

Hiking and Fishing List										
Notes:		This gear list is aimed toward a trip that is heavy on hiking and light on fishing. Any fishing would be done in lakes or high country meadow streams. The chosen items seek to balance a reasonable amount of comfort with weight.								
Pack Weight	12.68									
Eat Weight	1.13									
TOAL WEIGHT CARRIED	13.81									
Worn Weight	4.47									
TOTAL WEIGHT	18.27									
To Do	Item Information					Weight Summary			Total Weight by Category	
X	\$	Item	Description	Weight (oz)	Qty	Wear	Pack	Eat	Category	
Backpack										
x		Pack	Golite Jam2	21	1		21			
x		Pack Pocket	MLD Gear Pocket	0.6	1		0.6			
x		Shoulder Pocket	MLD Shoulder Pocket	0.33	1		0.33			21.93 TOTAL (oz)
Sleep System										
x		Sleeping Bag	Marmot Helium	24	1		24			
x		Stuff/Dry Sack/Pillow	Wx Tex 15L	6	1		6			
x		Sleeping Pad	Therm-a-Rest Ultralite 3/4	16	1		16			
x		Insulating Jacket	Montbell UL Thermawrap	10.4	1		10.4			
x		Warm Hat	Beanie Style	2	1		2			58.4 TOTAL (oz)
Shelter										
x		Tarptent	Squall 2	34	1		34			
x		Stake	Y Stakes	0.5	2		1			
x		Stake	Mountain Laurel Design	0.3	4		1.2			36.2 TOTAL (oz)
Cooking Gear										
x		Alum. Foil	Reynolds	0.8	1		0.8			
x		Knife	Gerber	2.8	1		2.8			
x		Pot & Cup	Snowpeak Mini Solo	5	1		5			
x		Spork	Brunton	0.5	1		0.5			
x		Stove Fuel	8 fl. Oz bottle of Alcohol	8	1			8		
x		Lighters	Small Bic	0.4	2		0.8			
x		Stove	Caldera Cone	2	1		2			19.90 TOTAL (oz)
Fishing Gear										
x		Fly Rod	Sage XP 9 Foot 5 Wt	3	1		3			
x		Fly Box	Morel	1	1		1			
x		Lanyard	LJ's Crazy Little Lanyard	0.2	1		0.2			
x		Nippers	Fishpond TI	0.4	1		0.4			
x		Hemostat	Dr. Slick	1	1		1			
x		Tippet	Rio 5X	0.4	1		0.4			
x		Tippet	Rio 4X	0.4	1		0.4			
x		Weights	20 Dinsmore #1	0.3	1		0.3			
x		Tie Rite	Tie Rite	0.2	1		0.2			
x		Leaders	Five 7.5 Foot 4X	0.2	1		0.2			
x		Reel	Ross Evolution	4.7	1		4.7			11.8 TOTAL (oz)

Clothes Worn										
x	Underwear	REI	2	1	2					
x	Bear Spray	Counter Assault	11	1	11					
x	Holster	Counter Assault	2	1	2					
x	Gators	Integral Designs eVent	2.2	1	2.2					
x	Hiking Shoes	May 10, 2008	10.9	1	10.9					
x	Sock Liner	Fox River X-Static Liner	0.9	1	0.9					
x	Socks	Smartwool Adrenaline	2.4	1	2.4					
x	Sun Hat	Simms	3.1	1	3.1					
x	Sunglasses		1.2	1	1.2					
x	Trekking Poles	Black Diamond w/3 Feet of Duct Tape	15	1	15					
x	T-Shirt	Mountain Hardware Duration Tee	5	1	5					
x	Zip-off pants	REI Sahara	15	1	15					70.7 TOTAL (oz)
Clothes Packed										
x	1 x Socks	Smartwool Adrenaline	2.4	1	2.4					
x	1 x Socks Liner	Fox River X-Static Liner	1	1	1					
x	Bug Head Net	MLD	0.5	1	0.5					3.9 TOTAL (oz)
x	Long Underware	Patagonia Capeline	6.9	1	6.9					
Storm Clothes										
x	Rain Pants	Marmot Precip	9.8	1	9.8					
x	Rain Shell	Simms Packlite	11.5	1	11.5					
x	Wind Shirt	Golite Wisp	3	1	3					24.3 TOTAL (oz)
Hydration										
x	Bladder	1 Liter Platypus	1	2	2					
x	Water Treatment	Aqua Mira	2	1	2					
x	Hydrator Sleeve	Platypus	2.6	1	2.6					
x	Snap Cap	Platypus	0.5	1	0.5					7.1 TOTAL (oz)
Toiletries										
x	Stuff Sack	Sea to Summit								
x	Baby Wipes	Individually wrapped	0.2	10	2					
x	Bug Spray	100% Deet	0.5	1	0.5					
x	Foot Powder	Gold Bond	0.7	1	0.7					
x	Hand Sanitizer	Gel Type	0.5	1	0.5					
x	Lip balm	Repackaged Neutrogena	0.4	1	0.4					
x	Soap	Dr. Bonners Peppermint	0.5	1	0.5					
x	Sun Lotion	Coppertone Active Sport	1.4	1	1.4					
x	Toilet Paper	Green Paper	1.5	1	1.5					
x	Toothbrush		0.5	1	0.5					
x	Toothpaste		0.5	1	0.5					
x	Trowel	Montbell	1.2	1	1.2					9.7 TOTAL (oz)
1st Aid Kit / Blister Treatment										
x	Stuff Sack	Granite Gear Air Pocket	0.4	1						
x	Guaze Pads	4x4 8 Ply	-	2						
x	Guaze Pads	4x4 2 Ply	-	2						
x	Wound Management	Wound Closure Strips	-	10						

x	Wound Management	Semi Transparent Dressing	-	2						
x	Blister Management	2x2 Mole Skin	-	1						
x	Anti-itch	Foil Pack Hydrocortizone Cream	-	2						
x	Wound Management	Nuckle Bandage	-	2						
x	Blister Management	Band Aid Compeed Advanced Healing	-	4						
x	Coagulage	Arista - 1mg	0.5	1						
x	Tape	Athletic Tape	-	1						
x	Tape	Leukotape	-	1						
x	Nail Management	Small Emery Board	-	1						
x	Tape Adherent	Tincture of Benzine	-	2						
x	Fluid Barrier	Latex Gloves	-	2						
x	Wound Management	Tincture of Dermabond	-	1						
x	Tweezers	Swiss Army	-	1						
x	Scissors	Swiss Army Mini Scissors	0.2	1						
x	Antibiotic Ointment	Foil Triple Antibiotic Ointment	-	3	5.6			5.6 TOTAL (oz)		
Pills										
x	Packaging	2x3 plastic bag								
x	Anti-Diareha	Loperamide HCL 2mg		2						
x	Pain Killer	Vicoprofen		4						
x	Anti-Infalmatory	Ibuprofen		15						
x	Pain Killer	Vicodin		4	0.4			0.4 TOTAL (oz)		
Repair Kit										
x	Packaging	4x6 plastic bag	-	1						
x	Heavy Thread	Kevlar	-	1						
x	Heavy Needle	Leather Sowing Needle	-	1						
x	Patch	Sil Nylon	-	1						
x	Patch	Cuben	-	1						
x	Patch	Gore Text	-	1						
x	Closure / Lash	Zip Tie	-	4						
x	Adherant	McNette Sil Seam Sealer	-	1						
x	Adherant	McNette Seam Sealer	-	1						
x	Adherant	Hot Bond from REI	-	1						
x	Patch	Platypus Patch	-	2						
x	Safety Pins	Large Safety Pin	-	1	1.6			1.6 TOTAL (oz)		
Miscellaneous										
x	Cloth	Bandana	1	2	2					
x	Camera Case	BPL BubblePAKIT	0.4	1	0.4					
x	Compass	Sunto M-2	1.2	1	1.2					
x	Digital Camera	Pentax Optio	3.7	1	3.7					
x	Food Rope	60 Feet	3.2	1	3.2					
x	Headlamp	Petzl e+lite	1	1	1					
x	Phone/Internet	iPhone	5.1	1	5.1					
x	Phone Case	BPL BubblePAKIT	0.4	1	0.4					
x	Topo Maps		1	1	1					
x	x-Batteries	CR320	0.1	2	0.2					
x	Notebook	Wright in the Rain	2	1	2					

x	Sleep Aid/Anti Snor	Breath Right	0.01	5		0.05					
x	Pen	Space Pen	0.3	1		0.3					
x	Towel	MSR UL Packtowel	0.5	1		0.5				21.05 TOTAL (oz)	
ICE (In Case of Emergency) Pack											
x	Fire Starters	Sparklite	0.4	1	0.4						
x	Water Treatment	Micropure Purifier Tablet	0.033	6	0.20						
x	Water container etc.	Condom	0.2		0.20						
x	Whistle	Adventure Medical Howler	0.25	1	0.25						
x	All Purpose	Duct Tape	0.5	1	0.5						
Totals					Wear	Pack	Eat				
					Sub Totals	4.95	12.74	1.13	18.28625		